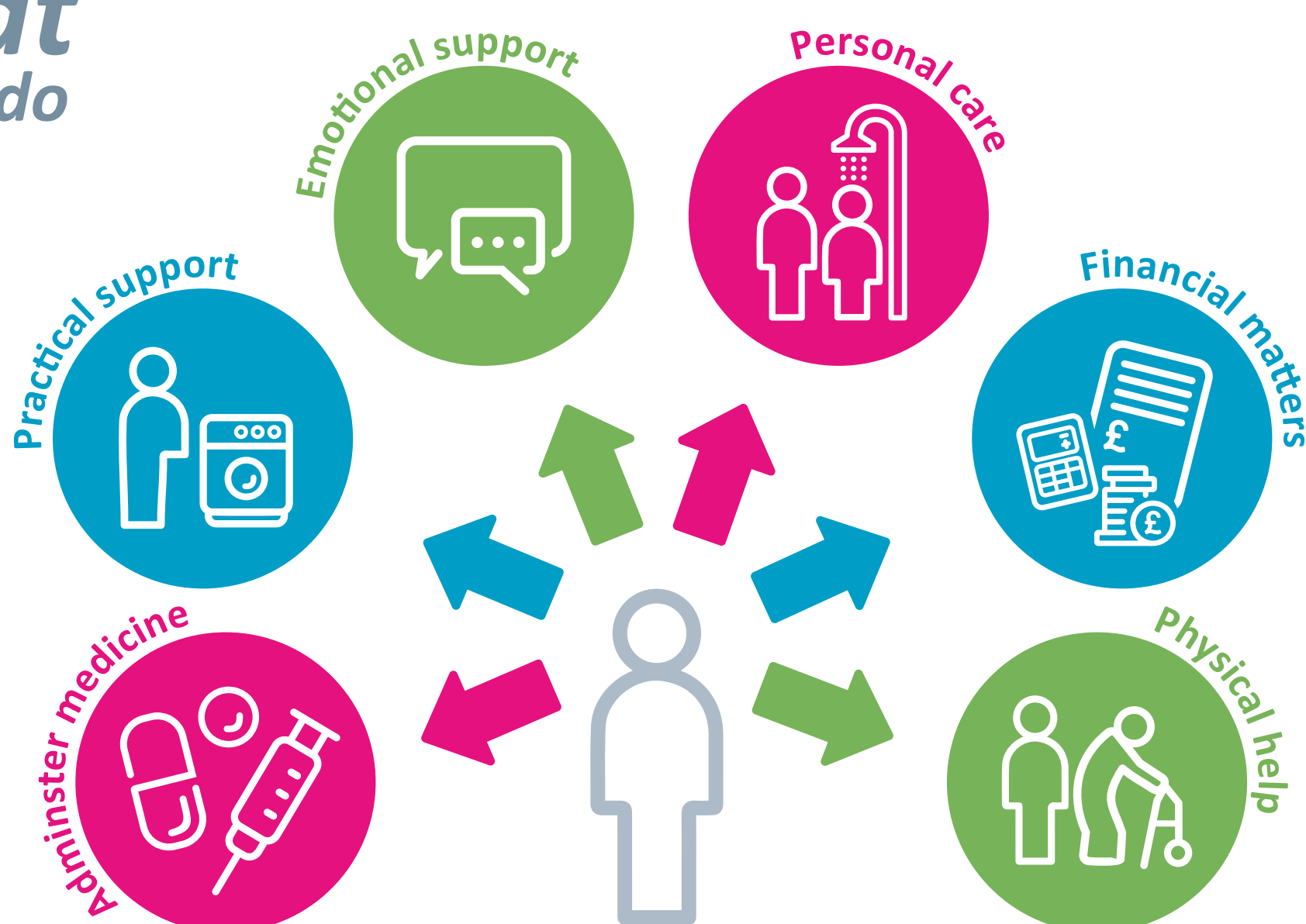


Kent Carers Matter

WORKING TOGETHER AS A VOICE FOR CARERS

A Carer is someone who looks after a family member, partner, friend or neighbour who due to physical or mental illness, disability, age related difficulties or addiction cannot cope without their support.

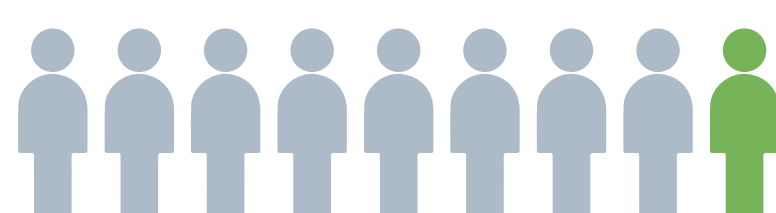
What Carers do



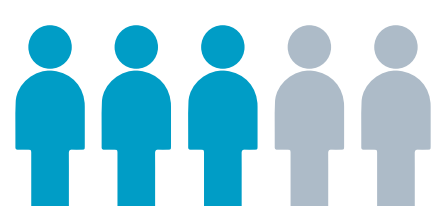
Credit: Carers Week 2017



Over 6.5 million
people in the
UK are Carers.
(State of Caring 2017, Carers UK)



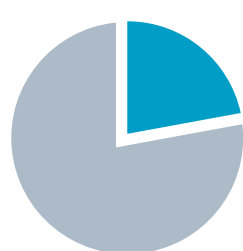
1 in 9 adults in Kent
are Carers.
(Census 2011)



3 in 5 people in Kent
will become a Carer at some
point in their lives.
(State of Caring 2017, Carers UK)

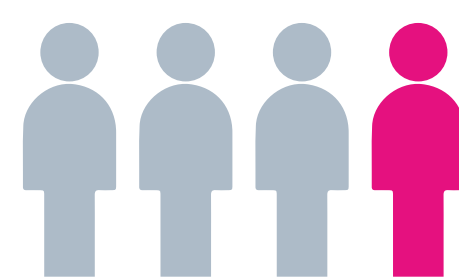
**Carers are all ages, from all backgrounds
and are not the same as paid care workers.**

21%



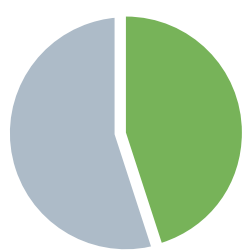
Carers say friends and family don't
understand or value what they
do as a Carer.
(State of Caring 2017, Carers UK)

25%



Carers haven't had a day off from
caring for more than five years.
(State of Caring 2017, Carers UK)

46%



Carers have suffered depression
due to their caring role.
(State of Caring 2017, Carers UK)

The support provided by Carers
in Kent saves the public purse over
£3 billion
every year
(Value of Caring 2015, Carers UK)



Kent Carers Matters is a campaign developed by five Carers' agencies in Kent - Carers FIRST, Carers' Support - Ashford, Shepway & Swale, Carers' Support - Canterbury, Dover & Thanet, Crossroads Care Kent and Involve Kent.



KentCarersMatter



#kentcarersmatter

To find support available for Carers in your area:

www.kentcarersmatter.co.uk